

If you're serious about saving the environment, TRY **Bo Weevil Cotton Wool Pads** (R22.99). They conform to European organic agricultural laws.

*** DAILY DELIGHTS**



Rosa Organic Silhouette Firming Oil for Face and Body (R450) is a good weapon against stretch marks. Pregnant? Just remember to check with your doctor before using as certain ingredients can be harmful.



TRY **Cosmetology Hemp Seed Oil and Arnica Aluminium Free Deodorant** (R45) instead of your current anti-perspirant.

GREEN QUEEN

Is your eyeshadow the only green thing about you? If so, it's time to make some changes.



We love **Trevarno Organic Soap Collection** (R232). Entirely handmade, this brand was one of the first to be recognised by the UK Organic Farmers and Growers Association.



TRY **Dr Hauschka Soothing Mask** (R399). Created in the '50s, Dr Hauschka's based on holistic principles of balance and harmony, and it's chemical-free.

*** OUR FAVOURITE FINDS**

Enchantrix Organic Sea Salt, Mint and Sesame Organic Face and Body Scrub (R69) is excellent for invigorating your skin. Plus, this locally produced range is packaged in recyclable materials.



*** 5 EASY WAYS TO GO ECO**

- 1** Use a soap bar rather than liquid soap in a plastic bottle, and shop around for a brand wrapped in natural material like uncoated paper – it's easier to recycle.
- 2** Leave your hair to dry naturally at least once a week. You'll save on electricity since blowdrying uses at least 1 800 watts of power. That's more energy than it takes to vacuum your entire flat.
- 3** Say no to pesky plastic by keeping hessian shopping bags in your car or carrying a larger handbag when you do your monthly shop for beauty products.
- 4** Support SA talent by buying local as far as possible – it's the simplest way to reduce your carbon footprint.
- 5** Check that the brands you use don't test on animals for beauty without cruelty.