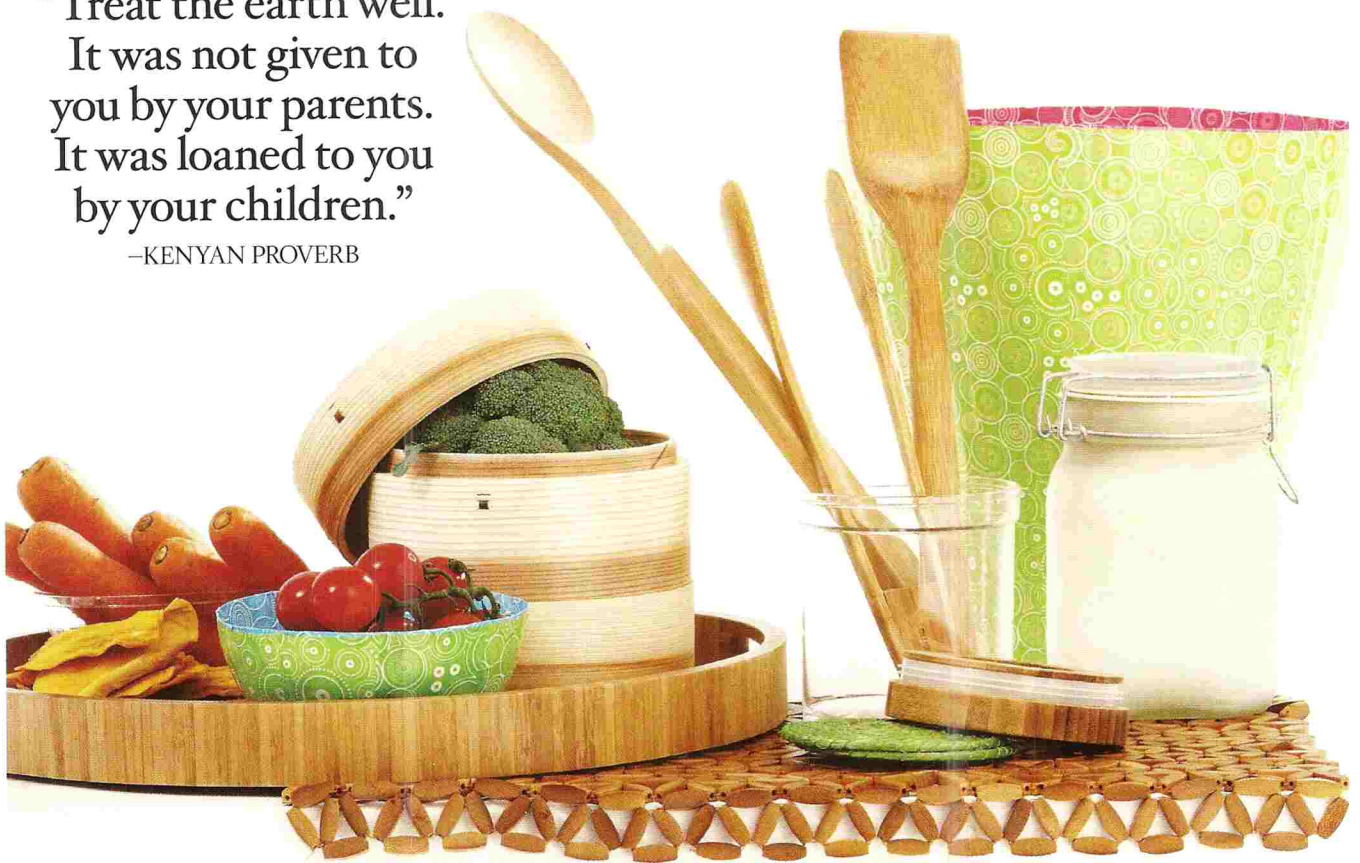


“Treat the earth well.
It was not given to
you by your parents.
It was loaned to you
by your children.”

—KENYAN PROVERB



GREEN GODDESS

Keep your kitchen counter stocked with the best in practical yet stylish, earth-friendly utensils, and fill your fridge with locally sourced organic produce. For fresh fruit and vegetables, try the Ethical Co-Op or Wild Organics in Cape Town, and Wensleydale Farms in Johannesburg.

Above: Small bamboo steamer, R79, @home. Small paper bowl R45, Heartworks. Bamboo tray, R169, @home. **Bamboo placemat**, R25, Woolworths. Bamboo spoon, R29, bamboo tongs, R19, bamboo spatula, R19, and glass cannister with bamboo lid, R59, all @home. Green woven coasters, R40 each, and paper bin, R185, both Heartworks. Sunjar

solar-powered light, R390, Modern Garden Company. *Below:* **Bowl**, R170, Heartworks. **Fabric**, R322 per metre, Lula Fabrics. **Twine**, R14 per 500 g roll, Cape Twines and Packaging. **Hemp tea towel**, R55, Hemporium. Weekly organic vegetable box, R130, Wild Organics. All vegetables from the organic range at Woolworths. ➤

